



ANNUAL REPORT 2022-2023

A NOTE FROM THE DIRECTOR



Dear Jyoti Kalash Supporters, Partners and Friends,

Jyoti Kalash was founded as a non-profit in Mumbai in 2003. In these past two decades, we have run Day Care/Night Shelters for children in high-risk areas and Play Therapy programs for survivors of trauma. For fourteen years, we provided protection and care for girls at-risk in a Residential Care Home. Our objective is to ignite and transform the lives of the marginalized in today's changing world!

It is indeed my privilege to present this Annual Report, on behalf of Jyoti Kalash for year ending March 31, 2023. We are grateful for each one who has been a part, big or small, in the impact we have had collectively.

The JK team continued their dedicated efforts to bring hope and spread love to the marginalised women and children at risk, fulfilling their mission to work towards healing and transformation through education and therapy. JK has strengthened systems and processes, improved and expanded our programmes in Year 2022-23.

As you go through this report, you'll find inspiring stories of transformation, and positive changes brought to the lives of women and children in Mumbai through our Play & Art Therapy Program, Capacity Building & Training. We have also expanded into the North a much-needed Group Home and Skill Training Centre for young women exiting abuse and exploitation who want to build their futures in a trauma informed community. Lastly, you'll read about our programs serving low-income communities in Goa.

I want to thank all our Board members, advisors and donors who have stood with us. Also thank the team for their continuing passion and tireless efforts. Thank you for your generous support making our work possible and for spreading the message of Jyoti Kalash far and wide.

-Leena John
Executive Director

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.”

-Margaret Mead

VISION

To **Restore** and **Transform** the Lives of the Marginalized **Women, Youth** and **Children** of **India**.

Jyoti Kalash's objective is to make a difference in the lives of the marginalized in today's changing world. We serve in the most "at risk" districts of Mumbai and in the most low-income areas in Goa.



Our motto 'Igniting lives, Changing Futures' has inspired us to work towards a transformation in the lives of women, youth and children.

MISSION

- To be a voice for the voiceless, defend the cause of the weak, and maintain the rights of the poor and the oppressed.
- To support women exiting abuse and exploitation, to discover their identity and to walk in freedom emotionally, physically, mentally, spiritually and vocationally.
- To empower the marginalized through setting up business ventures, livelihood projects, vocational & career guidance in order to integrate them into the mainstream society.
- To promote the intellectual, moral, physical and social development of women, children & youth through education, capacity building & training, therapy & counseling.
- To advocate adoption & foster care initiatives and function as a bridge organization between government authorities, families and other like-minded NGOs.



OUR PROGRAMS



PLAY & ART THERAPY (MUMBAI)

Jyoti Kalash having successfully run a Residential Care Home and Play / Art Therapy projects in these past two decades is well equipped to share their expertise in Trauma Recovery through play and art.



Our JK team continues to conduct in-person effective Play & Art sessions as a creative and therapeutic tool with girls at a Children's Home in Mumbai in collaboration with the Social Services/Child Welfare Committee. Through this monthly activity, children were given the freedom to express their creativity. The day starts with an icebreaker that helps them focus and work as team. This is followed by a theme-based activity where they participate in either a primary or a secondary level art / craft group. In each of the Children's Home there are thirty-five/forty girls who attend the session regularly.

Moral lessons were taught using art and craft including crochet and origami. Topics that the girls learnt included loving ourselves by taking care of our bodies with good hygiene, exercise and dressing modestly; having healthy boundaries; accepting our uniqueness and the uniqueness of others.

CAPACITY BUILDING AND TRAINING (MUMBAI)

Our objective is to help caregivers and teachers serving those at-risk be Trauma Informed by understanding trauma and its impact on children. This enables staff to recognize trauma and respond appropriately to children who have faced abuse/ neglect. Staff are better equipped to be sensitive and supportive towards the children under their care. In addition, these sessions provide skill training for better management of their classroom, active listening and fostering better relationships with the children.



Training modules with power points, various activities, Q & A, games and assessment forms were used to introduce the theme and to orient the participants towards the concept of trauma and its impact on children. We conducted two trainings per month and was attended by thirty participants from two different organizations.

THERE IS HOPE THAT WITH THE RIGHT INTERVENTION AND CARE, CHILDREN WHO ARE OTHERWISE ON A TRAJECTORY TOWARDS DESTRUCTION CAN BE RESTORED TO LIFE!

FUTURE PLANS (MUMBAI)

We plan to conduct monthly Self-Improvement & Personality Development sessions at other Residential Care Homes including Government Shelters for children/ girls at-risk aged 12 to 18.

Topics will include safety awareness, self-defense, soft skills, computer courses, sports/athletic activity, conversational English, career counselling and craft.

Activity based sessions will focus on developing soft skills, such as confidence building, time management and teamwork.

JK FAMILY HIGHLIGHTS

It has been an exciting year to see our girls, who are in their 20s, grow in their careers, independence and education. Two of our girls are now working with NGOs that provide care and protection for at-risk girls. One of our girls is in the Finance department of an NGO. Some of our girls are successfully working and living independently. We celebrated with two of our girls who graduated this year from college, bringing it up to a total of five girls with a college degree.



GROUP HOME & SKILL TRAINING CENTRE (DEHRADUN) - THE TIVAH JOURNEY

We exist to Journey **HOLISTICALLY** with women survivors of exploitation and abuse, supporting them in a Trauma Informed caring environment through safe group housing and with a skill-training center. Our housing provides a cozy environment to live in community and build connection while learning life enhancing routines and habits. The Skill Training Centre offers opportunity for 2-fold growth: healing and growth internally through group sessions on healthy boundaries and relationships alongside opportunities for counselling. Secondly, we offer job skill training and internships as well as tailor made educational opportunities leading to potential job placements. We walk with Survivors to discover the truth of their identity as they build a life they love.



It is our hearts desire to see women survivors empowered and to live with joy to their full potential. We envision this to be a time of recovery and restoration in their lives over a period of one to three years. We are committed to walk alongside and support these women in this journey to discover the truth of their identity as they rebuild their lives for a bright and hopeful future.

Who do we serve:

- Women above 18 years of age
- Women who have faced exploitation or abuse/neglect
- Women who are motivated to learn new skills and/or to pursue their education

New beginnings!

The Tivah Journey has been an adventure starting in late January and into February with our first staff gathering that included staff from three states in India. We had an interactive time of orientation and team building for our new staff.



In March, we were miraculously able to find a home to rent in Dehra Dun for our women that is beyond what we could have hoped or imagined! We had Trauma Informed Care training for our core staff and began building rhythms, community, curriculum and goals. We purchased a motor-scooter for our staff to run errands and manage the house with the hope that one day our participants will also learn this valuable skill of driving. We also made some great connections in North India with other organizations and learned that the program we offer for women survivors over eighteen with trauma counselling, growth/awareness classes, skill training and job placements is a much-felt need. We are looking forward to hosting our first participants in the coming year.

ASHADAI KENDRA PROJECT (GOA)

Our focus is to impact low-income communities by raising support for girl child education (primary, secondary, higher secondary & vocational courses) across India. This year 94 students were assisted with scholarships for school/course fees.



Connecting with community and building relationships remains our focus in our Goa projects. The tailoring unit this year equipped twenty women from the community with sewing classes, attended on daily basis.



Thirty children attended daily our after-school class program.

BOARD MEMBERS

NAME

GENDER

DESIGNATION

Leena John	F	President
Stella Bokare	F	Vice President
Narendran Narayanan	M	Secretary
Maria Pamela E Souza	F	Treasurer
Susan Jacob	F	Member
David Luke	M	Member
Dolly James	F	Member
Sachin Kamble	M	Member

NAME & ADDRESS OF AUDITOR

R.K. KHANNA & ASSOCIATES
402, Regent Chambers, Nariman Point, Mumbai 400 021
Tel No: (022) 22833590 / 22834262

NUMBER OF BOARD MEETINGS – VIRTUAL VIA ZOOM

19/07/2022 - Board of Directors
19/07/2022 - Annual General Body Meeting
09/01/2023 - Board of Directors

NAME OF BANKS

- HDFC BANK, Vashi Navi Mumbai | Jyoti Kalash - Head Office
- HDFC BANK, Nerul, Navi Mumbai | Projects - Mumbai
- STATE BANK OF INDIA, New Delhi Main Branch (NDMB) | Jyoti Kalash - FCRA Account
- HDFC Bank, Vashi, Navi Mumbai | Jyoti Kalash, Mumbai – FCRA Utilization Account
- HDFC BANK Vasco, Goa | Project - Ashadai Kendra
- BANK OF BARODA Vasco, Goa | Jyoti Kalash, Goa - FCRA Utilization Account

AUDITED STATEMENTS

THE MAHARASHTRA PUBLIC TRUSTS ACT, 1950
SCHEDULE VIII [Vide Rule 17(1)]

JYOTI KALASH

Registration No. F 30345 (Mumbai)

BALANCE SHEET AS ON 31ST MARCH 2023

FUNDS AND LIABILITIES	Rupees	Rupees	PROPERTY AND ASSETS	Rupees	Rupees
Trusts Funds or Corpus			Immovable Properties		
Per last Balance Sheet	2,51,000		Per last Balance Sheet	-	
Additions during the year	-		Additions during the year	-	
Deduction during the year	-	2,51,000	Deduction during the year	-	
			Depreciation for the year	-	-
Other Earmarked Funds			Investments		
Depreciation Fund	-				
Sinking Fund	-		Movable Properties		
Reserve Fund	-		Per last Balance Sheet	5,83,662	
Any other Fund	-		Additions during the year	1,73,490	
			Deduction during the year	(4,928)	
Loans (Secured or Unsecured)			Depreciation for the year	(1,42,461)	6,09,763
From Trustees	-				
From Others	-		Loans (Secured or Unsecured)		
			Loans Scholarships	-	
Liabilities			Other Loans	-	
For Expenses	1,78,777		Deposits	1,34,850	1,34,850
For Advances	-				
For Rent and Other Deposits	-		Advances		
For Sundry Credit Balances	-	1,78,777	To Trustees	-	
			To Employees	-	
Income and Expenditure Account			To Contractors	-	
Per last Balance Sheet	4,39,475		To Lawyers	-	
Appropriation during the year	-		To Others	-	
Surplus per Income & Expenditure Account	7,39,703	11,79,178			
			Income outstanding		
			Rent	-	
			Interest	-	
			Other Income	-	
			Cash and Bank Balances		
			In Savings Accounts	7,52,169	
			In Current Accounts	1,04,067	
			With the Trustee	8,105	
			With the Manager	-	8,64,342
		16,08,955			16,08,955

NOTES TO ACCOUNTS : Per Schedule "A"

Per our report of even date

For R. K. KHANNA & ASSOCIATES
Chartered Accountants
(Firm Regn. No. 105082W)

Sanjeet
SANJEET P. SINGH
Partner
(Membership No. 157933)

Mumbai ;
Date : 30th June 2023



The above Balance Sheet to the best of our belief contains a true account of Funds and Liabilities and of the Property and Assets

Leena John

LEENA JOHN
President

Narendra Narayan
NARENDRAN NARAYANAN
Secretary

Maria Pamela E Souza
MARIA PAMELA E SOUZA
Treasurer

AUDITED STATEMENTS

THE MAHARASHTRA PUBLIC TRUSTS ACT, 1950
SCHEDULE IX [Vide Rule 17(D)]

JYOTI KALASH					
Registration No. F 30345 (Mumbai)					
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2023					
EXPENDITURE	Rupees	Rupees	INCOME	Rupees	Rupees
Expenditure in respect of Properties			Rent		-
Rates, taxes, cesses	-		Interest		
Repairs and Maintenance	-		On Securities	-	
Salaries	-		On Loans	-	
Insurance	-		On Bank Accounts	17,325	17,325
Depreciation	-		Dividend		-
Other Expenses	-		Donations in Cash or Kind		35,37,565
Establishment Expenses		5,05,515	Grants		-
Remuneration to Trustees		-	Income for Other Sources		
Remuneration (in case of a math)		-	School Fees	-	
Legal Expenses		-	Fees for Training	1,17,200	
Audit Fees		35,000	Fund Raising (Net)	-	
Contribution and Fees		-	Interest on Income Tax Refund	-	1,17,200
Amount Written off			Transfer from Reserve		-
Bad Debts	-				
Loan Scholarships	-				
Irrecoverable Rents	-				
Other Items	-				
Miscellaneous Expenses					
Depreciation		1,42,461			
Amounts transferred to Reserve or Specific Funds		-			
Expenditure on Objects of the Trust					
Religious	-				
Educational (Annexure)	15,59,239				
Medical Relief	-				
Relief of Poverty	-				
Other Charitable objects	6,90,172	22,49,411			
Surplus Carried over to Balance Sheet		7,39,703			
		36,72,090			36,72,090

NOTES TO ACCOUNTS : Per Schedule "A"

Per our report of even date attached to Balance Sheet:

For R. K. KHANNA & ASSOCIATES

Chartered Accountants

(Firm Regn. No.105082W)

Sanjeet

SANJEET P. SINGH

Partner

(Membership No.157933)

Mumbai ;

Date : 30th June 2023



Leena John

LEENA JOHN
President

N. Narayanan

NARENDRAN NARAYANAN
Secretary

Maria Pamela E Souza

MARIA PAMELA E SOUZA
Treasurer

INR 36,72,090
= USD 44515.57
(USD INR 82.49)

REGISTRATIONS

Society Registration Act, 1860
Reg. No.: GBBS 169/2004
Date of Registration: January 2004

Bombay Public Trust Act, 1950
Reg. No.: F30345, Mumbai
Date of Registration: June 2006

12A Registration No.: TR/ 38732
Date of Registration: November 2004
Date of Re-registration: May 2021
Date of Approval: AY 2022-23 to AY 2026-27

Income Tax Exemption Act, 1961 -- 80 (G)
Order No.: DIT (E) /MC/80G/2399/2009-10
Date of Registration: December 2009
Date of Re-registration: May 2021
Date of Approval: AY 2022-23 to AY 2026-27

Registered for undertaking CSR activities,
Registration number: CSR00014708

Foreign Contribution Regulation Act, 1976 (FCRA)
Registration No. 083781169
Date of Renewal: April 2027

DONATIONS



YOU CAN ALSO MAKE A ONE-TIME INVESTMENT

Indian donations are entitled for tax exemption under section 80 (G) of the Income Tax Act, 1961
Your tax-deductible donation can be sent online to:

Name: Jyoti Kalash

Bank name: HDFC

Account No: A/C No. 02581000020382

RTGS/NEFT IFSC: HDFC0000258

Branch, Code: Nerul, 258

**Foreign donations can be sent by
wire or check, contact us for more details**

Contact: (022) 2756-3164 | (+91) 70450 62380

Email: jyotikalashmumbai@gmail.com

Please visit us at: www.jyotikalash.org

